

COVID-19 protocols for positive cases and close contacts

Updated 1.20.22

Positive protocol 1: If you have a positive PCR test

- Isolate for 5 full days from day of test (what we are calling day 0)
- If you have no symptoms:
 - Take a rapid test on day 6[†]
 - If negative, you can resume in-person activities while wearing a good mask
 - You should remain sleeping and eating in isolation for five more days
 - If positive, continue full isolation protocol
 - Take a rapid test on day 11[†]
 - If negative, you can return to regular housing
 - If still testing positive, you will need to consult with a medical provider, who will advise on whether you should stay isolated or can return to housing
- If you have symptoms:
 - Take a rapid test on day 6[†] at the earliest, or on the first day symptoms are resolving and you have been fever-free for 24 hours without fever reducer
 - If negative, you can resume in-person activities while wearing a good mask
 - You should remain sleeping and eating in isolation
 - If positive, continue full isolation protocol
 - Take a rapid test again on day 11[†]
 - If negative, you can return to regular housing
 - If still testing positive, you will need to consult with a medical provider, who will advise on whether you should stay isolated or can return to housing
 - If you have serious symptoms requiring medical assistance, you will need documentation from a medical provider before you can return to activities/class.

Positive protocol 2: If you have a positive rapid antigen test

- Isolate for 5 full days from date of test (day 0)
- Take a PCR test at next available campus PCR test date or at another location to confirm positive results
- If you have no symptoms:
 - Take a rapid test on day 6[†]

[†] Rapid testing will be available on open health center days (Monday, Tuesday, Wednesday, and Friday), except for special circumstances, so in most cases if your testing day falls on a weekend or a Thursday, you will test on the next day the nurse is available. The nurse, Barbara Logue, can be contacted at blogue@coa.edu or 207-801-5683.

- If negative, you can resume in-person activities while wearing a good mask
- You should remain in sleeping isolation for five more days
- If positive, continue full isolation protocol
- Take a rapid test on day 11[†]
 - If negative, you can return to regular housing
 - If still testing positive, you will need to consult with a medical provider, who will advise on whether you should stay isolated or can return to housing
- If you have symptoms:
 - Take a rapid test on day 6[†], or on the first day symptoms are resolving and you have been fever-free for 24 hours without fever reducer
 - If negative, you can resume in-person activities while wearing a good mask
 - You should remain in sleeping isolation
 - If positive, continue full isolation protocol
 - Take a rapid test again on day 11[†]
 - If negative, you can return to regular housing
 - If still testing positive, you will need to consult with a medical provider, who will advise on whether you should stay isolated or can return to housing
 - If you have serious symptoms requiring medical assistance, you will need documentation from a medical provider before you can return to activities/class.

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If you are a close contact, there are two protocols based on vaccination status

- **Close contact protocol 1: If you are close contact and vaccinated and boosted (or not yet eligible for a booster), or you tested positive for COVID-19 within past 90 days**
 - Cohort for 10 full days with the date of notification being day 0 unless you know the date of your last known contact, in which that is day 0
 - you need to cohort, but not quarantine
 - This means as long as you are wearing a well fitting mask when around other people, you can
 - interact with your housing group
 - go to in-person classes
 - go to in-person work study
 - go through the line in TAB and take your food out so you aren't spending any time unmasked in a public space.
 - go to the grocery store
 - watch for symptoms
 - If you develop symptoms, please isolate and [report symptoms on this form](#) so the nurse can evaluate you
 - Rapid test on day 6[†]
 - If test is positive, then see above for “If you have a positive rapid test”
 - If test is negative continue with the protocols for remainder of the 10 days
 - PCR test on the next available campus test date (Mondays in winter term)
- **Close contact protocol 2: If you are a close contact and you are not fully up to date with your vaccination status (eligible but not yet boosted), or are unvaccinated**
 - Quarantine for 5 full days with date of notification being day 0, unless you know the date of your last known contact, in which case that is day 0
 - Stay home and away from other people to the extent possible
 - you can go outside for a walk if you mask and maintain distance from others
 - you can go to TAB and get a takeout meal
 - wear a well-fitting mask when you must be around other people
 - If you develop symptoms, please isolate and [report symptoms on this form](#) so the nurse can evaluate you
 - Rapid test on day 6[†]
 - If your test is negative and you have no symptoms, you can resume in-person activities while wearing a good mask
 - Please continue to take precautions through the end of day 10

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- If your test is positive on day 6 then see above for “If you have a positive rapid test”
- PCR test on the next available campus test date (Mondays in winter term)

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